

Mountfitchet Castle Investigation 8th August 08
Report by John Cox, Medium

I picked up on the following, during the investigation at Mountfichet Castle.

IN the Great Hall, I initially picked up on a lot of back ground noise, such as early string instruments, and Celtic drums. I was also aware of laughter, and general celebration type noise, with lots of plates and mugs “clinking.”

There was a feeling of well-being and a sense of relaxing after a hard time. Then in the back room – the armoury - I felt a lot of pain and sadness, as well as anger and hatred. As I then ascended the staircase I felt that I was being pushed over to the left. My head was dizzy and I felt very unsteady on my feet, with a feeling of lost balance. Once at the top of the staircase I was initially drawn to the room at the back. I am unable to reason why, but I had a strong feeling of nastiness there. While upstairs, I was drawn to the corner of the room, adjacent to the closed of bed chamber, when I picked up on a small child (no more than 8 years of age) falling head long down the stair case and being fatally injured at the bottom. I also picked up on a crying baby.

I then descended the stair and went out side of the great hall.

As the rest of the team went of for a tea break, Chrissie and I stayed in the complex and re entered the Great Hall.

At first there was a sense of nothing, and slowly the Spirit life started to come out. Firstly I picked up on the music and drums again, and then I connected with a male spirit, who showed me he was a tall man, with a full beard and a bit of paunch, I was able to feel that he had a connection with cooking and providing food. His name started with the letter “E”.

Towards the back of the hall I was able to connect with a slight male spirit, who had red / ginger hair, as wearing rough cloth type clothing with bare feet. He seemed to be on trial, and I was able to gain that he was on trail of theft. He had been caught stealing bread to “ feed my starving family,” he was then kneeling to face the table in the room, and at the same time I felt the other spirits laughing at him. The Young man was no older that 21, and was bound at the wrists, and had a form of (wooden) shackle fastened to him at his ankles.

During the vigil, both Chrissie and myself noticed large temperature changes, both hotter and colder and upon calling out, where treated to knocks and banging.

We then went to the read area of the house and up to the bedroom area. Again we both felt unsteady on the stairs, it should be noted that the stairs do lean to the left on going up, however we both felt dizzy and I had a sense of falling again on these stairs. Once in the room, I was able to link in the with young spirit man from the main hall area, at the same time I had a tightening

around my throat, it became clear that the young spirit male had been hanged “as a warning to the others.”

I then had a strong feeling of illness, devastating illness. My Spirit Guide informed me these people had died on mass, from the Black Death, and was shown the year to be 1368

Spirit also enquired as to the location of the “plague pits” by this I understood that they were referring to the burial sites for the Black Death victims.

Both Chrissie and I left the great hall at this point and went out side in to the “keep” area, here I took a number of photographs and was able to “capture a variety of Orbs in different sizes and colours. I also managed to catch a faint luminescent shape on the corner of the Great Hall.

I re-entered the Great Hall to carry out a séance, along with other members of the team. During the séance we encountered a number of Spirits – none hostile towards us, they also treated us to some seriously loud bands on request. There were a number of other Spirits who circled the group. I feel that they were as curious to our presence as we were to theirs.

During the evening I was continually drawn towards the other areas of Mountfitchet Castle and keep, to the area that was set up as a small village or hamlet, on this occasion we ran out of time, and was unable to investigate this area or the reports of Spirit activity in Café area.

I found the investigation at Mountfitchet to be on of the most enjoyable and interesting investigations I have carried out for very long time.

Report by Christine Lynam, Medium

Main Hall

I picked up a woman wearing what appeared to be white/light coloured head scarf draped over her head and tucked in at the side and dark clothing (as picture) she felt quite subdued and gentle.

Man, old enough to be a father of young children with straight ginger/auburn hair sacking as clothing, slim not very tall. Head bowed low and arms secured behind him. could not see face but charged with stealing. Only took food to feed family.

Upon entry I had felt like I had been struck to the back of the head. There was also a section mid way when each time I passed on stood there I had dragging feeling in me stomach.

Also felt that as entertainment prisoners in schackles where brought in front of the feat table and humilliated.

The name Ethelred.....A Good Saxon name

A BRIAN blessed type, real character cooked food, well fed and ate well,

eating food had access to. drinking wine from wooden drinking bowl.

a male who told me that he did as he was told, and that he had some authority. felt it was to do with the prisoners or servants. felt he enjoyed the authority.

feeling of hunger

Man with authority, he has his life, he has more than the others, and does as he is told.

plenty of knocking and sounds of things being thrown throughout.

In Back room and up stairs

male with scruffy brown matted hair, hair on face not thick full beard but wispy hair. Quite fleshy...hairy body ..(Bob Hoskins type)

Through out time

people screaming and running, men on horse back...fires.

men in armour knights running up stairs

feeling of nooses placed about peoples neck...when standing and seated...so if they fall asleep will choke to death.

Lady being followed up some stairs.

Coldness to hands from wrist down on bothlimb loss.

Manacles with length of wood separating the limbs
tapping on request.

Séance.....

As recorded by Andy....

Presences nothing seen only felt. Extreme changes of temperature. Aware of being surrounded by spirit people and movement outside our circle, Awareness of a young girl with long dark hair. Sounds coming from the table area and in corner of banqueting room

As much as I remember and recorded comments. Listening to the recording again there were plenty of noises...both confirmed and unconfirmed.

Report by Richard Gregory, Medium

When I first entered the main hall, I was overwhelmed with the feeling of someone being brought before the Lord. My knees were shaking and I had a real feeling of dread.

Proceeding into the armoury I felt dizzy and had to sit myself on the stairs. I picked up on a subservient man that had been beaten and I felt that I had old and badly healed fractures to my arm. I felt also that I had the 2 middle fingers of my right hand missing and that this was due to deliberate injury. This man was hunched over and I had the feeling that he was around 5'5" and unkempt. I also felt a tightness around my chest and found it difficult to breath.

Proceeding upstairs to the bedchamber I had the feeling of someone that had taken a tumble headlong down the stairs. I got no more on this.

I had chosen to do my vigil in the bedchamber. During this time I was very aware of someone by my left shoulder. We also experience equipment problems. The stills camera took a picture by itself and the video switched itself on and rewound the tape. Interestingly, when the camera went by itself it snapped a picture that, in my mind, is undoubtedly spirit!

I have to agree with John that this is one of the best investigations that I have been on for a very long time.